


ENTERAL NUTRITION SUPPORT Newsletter

2017 Volume 1



MEDICAL SUPPLIES FOR CARE AT HOME SINCE 1957


Patients at home on tube feeding are at risk for complications that may require hospital readmission, including:

-  Tube blockage
-  Gastrointestinal issues
-  Hydration problems

Ensuring that patients and caregivers have what it takes to be successful with home enteral nutrition is crucial to patient safety.








 **CHECK FOR TOLERANCE BEFORE DISCHARGE**

 Develop a formula and treatment plan that the patient will be on at home


 **EDUCATE PATIENT AND CAREGIVERS WELL BEFORE DISCHARGE**

 **Evaluate competence of patient and caregivers**

Assess safety of home environment

-   Clean running water
-  Electricity and phone
-  Refrigeration
-  Space to administer and store formula

 **Instruct patient/caregivers on how to obtain supplies**

 **Choose a home medical supply company with competent clinicians**

Reference: [ASPEN Safe Practices for Enteral Nutrition Therapy JPEN 2016](#)

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Join us for a free educational webinar!



Webinar Topic: Nutrition Management of Children with Developmental Disabilities



When:

March 22, 2017 9:00 am - 10:00 am PT (11:00 am - 12:00 pm CT)

About the Webinar:

Cerebral Palsy, Spina Bifida, Down syndrome, autism and other chronic conditions can make it difficult to meet the nutritional needs of children. This webinar addresses feeding issues, nutrient needs, tube feeding, supplementation, malnutrition and more.

Target audience:

Clinicians, parents and caregivers of children with special needs

Presented by:



Janice Scott MS, RD, CSP, LD

Clinical Nutrition Manager, Texas Scottish Rite Hospital for Children

Save the date!



About the Presenter:

Janice is board certified as a specialist in pediatric nutrition. She has authored numerous peer-reviewed articles and delivered dozens of presentations on the role of nutrition in children with disabilities.

Register today at

shieldhealthcare.com/webinars

Featured Product: Compleat® - Now with More Real Food Ingredients!



- More fruit and vegetable ingredients - Peas, carrots, peaches, tomato, green beans and cranberry juice
- Blend of milk, pea and chicken protein – No soy
- Now with brown rice syrup - No corn ingredients
- Tested to flow through ≥ 8 FR feeding tube for gravity or pump feeding - No dilution required

PEDIATRIC CORNER



Nutrition-Related Issues Common to Selected Developmental Disabilities

| Developmental Disability | Nutrition Diagnosis | Etiology/Signs & Symptoms |
|--|--|---|
| Cerebral Palsy Disorder of muscle control resulting from injury to the brain during fetal, perinatal or early childhood development | Excessive energy intake Overweight | Low mobility and activity level Reduced energy expenditure r/t antispasmodic medications |
| | Inadequate oral intake Underweight | Lack of coordination to self-feed Oral motor dysfunction/dysphagia Hypertonia, Dystonia |
| | Altered GI function | Constipation GERD, delayed gastric emptying Medication side effects |
| Spina Bifida Neural tube defect with incomplete closure of the spine, resulting in nerve damage and paralysis | Swallowing difficulty | Frequent respiratory infections Coughing/choking with oral intake |
| | Altered GI function | Low fluid and fiber intake Neurogenic bowel |
| | Overweight/obesity Unintended weight gain | Limited mobility Reduced energy needs related to short stature |
| Down syndrome Genetic disorder resulting in developmental problems such as cognitive delay, short stature, gastrointestinal problems and decreased muscle tone | Inadequate oral intake | Swallowing difficulty Weak suck with breastfeeding |
| | Altered GI function | Constipation r/t hypotonia, low activity, low fiber intake Celiac disease |
| | Overweight/obesity | Estimated excessive energy intake Reduced energy needs related to hypotonia |

Source: Position of the Academy of Nutrition and Dietetics: Nutrition Services for Individuals with Intellectual and Developmental Disabilities And Special Health Care Needs. J Acad Nutr Diet.

Feeding Tube Awareness Week is February 6-10, 2017!



Founded by a “tubie mom,” Feeding Tube Awareness is an invaluable resource for tube-fed families.

Learn more at feedingtubeawareness.org

March is National Nutrition Month®



Join us in recognizing Registered Dietitian Nutritionists on Wednesday, March 8th!

Shield HealthCare’s RDNs keep your patients healthy at home.

Are You Ready for ENFit® 2017?

- When enteral devices are accidentally connected to other types of tubing, such as an IV line, patient harm may result.
- ENFit® is an FDA-approved solution from international safety organizations and enteral device manufacturers.
- With the ENFit® connection, enteral feeding devices will only connect with other enteral feeding devices.

PLANNED FOR EARLY 2017

Enteral syringes for feeding and medications will have an ENFit® tip with a transitional stepped connector.



Feeding tubes and extension sets will have an ENFit® port. At this time, you will no longer need a transitional stepped connector.



Watch our Corporate RD's ENFit® video at shieldhealthcare.com/videos

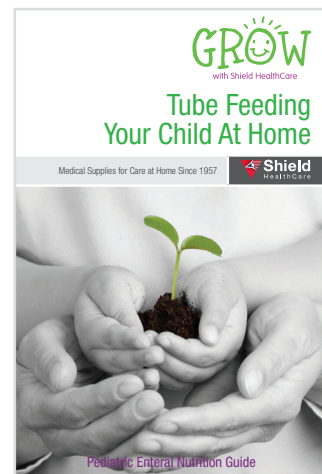
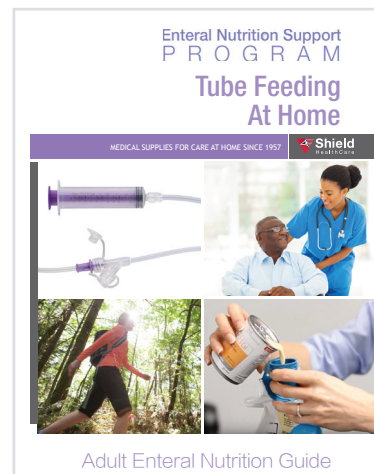
Ask your local Shield Rep or RD about the new

Tube Feeding at Home Guide



A full-color booklet with instructions, tips, stoma site care, troubleshooting and more!

(Adult and Pediatric versions available)



Why Choose Shield: Enteral Nutrition Support Program

- On-staff Registered Dietitians
- Enteral Nutrition assessments
- Wellness checks and quarterly screenings
- Education, support and troubleshooting

Nutrition Community:

shieldhealthcare.com/nutrition

Articles, videos, webinars



Call us today, we're here to help!

| | | | |
|---------------|--------------|-------------|--------------|
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| Fresno | 800.675.8842 | Dallas | 800.407.8982 |
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