

## Kate Farms: Label updates

The broadest offering of plant-based, organic, and clinically demonstrated formulas will have a new look and label updates beginning July 2023. This resource outlines label updates. For more information on product packaging new look, ask your Kate Farms representative or scan the QR code below.

### What is changing:

- Product packaging new look
- Label updates

### Information included in this resource:

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## Fiber labeling

### Improved fiber analysis

Advanced analytical methods allow us to better identify the amounts and types of soluble and insoluble fiber sources in Kate Farms formulas. This improvement will be reflected on the label of updated packaging.

### The same trusted formulation

Kate Farms formulations have not changed—they contain the same amounts and types of fiber. Advanced analytical methods allow us to better identify the amounts and types of soluble and insoluble fiber sources.

**NEW**

NUTRITION INFORMATION PER 250 ML (8.45 FL OZ)		
NUTRIENT COMPOSITION		AMOUNT
CALORIES	kcal	250
TOTAL FAT	g	10.5
SODIUM	mg	160
POTASSIUM	mg	375
CARBOHYDRATE	g	30
DIETARY FIBER	g	2
PROTEIN	g	9
VITAMIN A*	IU	500
PALMITATE	mcg	138
BETA CAROTENE	mca	150

NUTRITION INFORMATION PER 8.45 FL OZ (250 ML)		
NUTRIENT COMPOSITION		AMOUNT
CALORIES	kcal	250
TOTAL FAT	g	11
SODIUM	mg	160
POTASSIUM	mg	380
TOTAL CARB	g	30
DIETARY FIBER	g	3
SOLUBLE FIBER	g	2
INSOLUBLE FIBER	g	1

For more information on dietary fiber and its benefits in acute and chronic patient care, scan the QR code below.

### Scan to learn more

- Latest in-market dates
- Downloadable resources
- And more!



### What is *not* changing:

- There are no changes to item numbers, billing codes, ordering information, or pricing.

## Ingredient list layout

### Streamlined ingredient list

All organic ingredients are now indicated by an asterisk, rather than listing “organic” next to each ingredient.

### The same high-quality organic certification

Kate Farms formulas are still Certified USDA Organic.

**NEW**

**INGREDIENTS:** PURIFIED WATER, ORGANIC BROWN RICE SYRUP SOLIDS, ORGANIC HYDROLYZED PEA PROTEIN, ORGANIC AGAVE SYRUP, ORGANIC MCT OIL, ORGANIC HIGH LINOLEIC SUNFLOWER OIL, ORGANIC VANILLA FLAVOR, VITAMIN AND MINERAL BLEND\*, ORGANIC AGAVE INULIN, ORGANIC PEA STARCH, ORGANIC FLAX SEED OIL, ORGANIC SUNFLOWER LECITHIN, ORGANIC LOCUST BEAN GUM, ORGANIC ROSEMARY EXTRACT, ORGANIC SPECTRA™ PHYTONUTRIENT BLEND†:

**\*VITAMIN AND MINERAL BLEND:** TRICALCIUM PHOSPHATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, DIMAGNESIUM PHOSPHATE, DIPOTASSIUM PHOSPHATE, SEA SALT, CALCIUM CARBONATE, CHOLINE BITARTRATE, SODIUM CITRATE, L-CYSTEINE, SODIUM ASCORBATE, L-CARNITINE, TAURINE, CALCIUM PANTOTHENATE, NIACINAMIDE, FERRIC PYROPHOSPHATE, ZINC OXIDE, DL-ALPHA-TOCOPHERYL ACETATE, THIAMINE HYDROCHLORIDE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, MANGANESE SULFATE, BETA CAROTENE, VITAMIN A PALMITATE, COPPER SULFATE, FOLIC ACID, POTASSIUM IODIDE, PHYTONADIONE, SODIUM SELENITE, CHROMIUM PICOLINATE, VITAMIN D5 (LICHEN), SODIUM MOLYBDATE, BIOTIN, VITAMIN B12.

**† ORGANIC SPECTRA™ PHYTONUTRIENT BLEND:** EXTRACTS AND CONCENTRATES FROM: ORGANIC BROCCOLI, ORGANIC COFFEEBERRY®, ORGANIC GREEN TEA, ORGANIC TURMERIC, ORGANIC KALE, ORGANIC BROCCOLI SPROUT, ORGANIC ACAI, ORGANIC CINNAMON, ORGANIC GARLIC, ORGANIC TOMATO, ORGANIC BLUEBERRY, ORGANIC CARROT, ORGANIC BEET, ORGANIC RASPBERRY, ORGANIC SPINACH, ORGANIC TART CHERRY, ORGANIC BLACKBERRY.

**INGREDIENTS:** PURIFIED WATER, BROWN RICE SYRUP SOLIDS\*, HYDROLYZED PEA PROTEIN\*, AGAVE SYRUP\*, MEDIUM CHAIN TRIGLYCERIDES (MCT FROM COCONUT)\*, **CONTAINS 1.5% OR LESS OF:** VANILLA EXTRACT\*, NATURAL FLAVOR\*, AGAVE INULIN\*, HIGH LINOLEIC SUNFLOWER OIL\*, FLAXSEED OIL\*, PEA STARCH\*, LOCUST BEAN GUM\*, ROSEMARY EXTRACT\*, SUNFLOWER LECITHIN\*, **SPECTRA™ PHYTONUTRIENT BLEND\*** (EXTRACTS AND CONCENTRATES FROM: BROCCOLI\*, COFFEEBERRY\*, GREEN TEA\*, TURMERIC\*, KALE\*, BROCCOLI SPROUT\*, ACAI\*, CINNAMON\*, GARLIC\*, TOMATO\*, BLUEBERRY\*, CARROT\*, BEET\*, RASPBERRY\*, SPINACH\*, TART CHERRY\*, BLACKBERRY\*), **VITAMINS AND MINERALS** (TRICALCIUM PHOSPHATE, CHOLINE BITARTRATE, DIMAGNESIUM PHOSPHATE, POTASSIUM CHLORIDE, CALCIUM CARBONATE, DIPOTASSIUM PHOSPHATE, SODIUM CHLORIDE, SODIUM ASCORBATE, MAGNESIUM CHLORIDE, BETA CAROTENE, CALCIUM PANTOTHENATE, CHOLECALCIFEROL [VITAMIN D3], DL-ALPHA-TOCOPHERYL ACETATE, FERRIC PYROPHOSPHATE, INOSITOL, NIACINAMIDE, BIOTIN, CHROMIUM PICOLINATE, COPPER SULFATE, CYANOCOBALAMIN [VITAMIN B12], FOLIC ACID, MANGANESE SULFATE, PHYLLQUINONE, POTASSIUM IODIDE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, SODIUM MOLYBDATE, SODIUM SELENITE, THIAMINE HYDROCHLORIDE, VITAMIN A PALMITATE, ZINC OXIDE), L-CYSTEINE, L-CARNITINE, TAURINE, L-TRYPTOPHAN. **\*ORGANIC**

## Detailed label updates by product

### What else is changing?


The tables below will help you quickly identify label updates for each product.

#### Key updates include:

- Both soluble and insoluble fiber are now listed due to improved fiber analysis.
- Some micronutrient levels are updated to meet DRIs for typical patients.
- Updated rounding methods are used in accordance with FDA guidelines.
- Inositol is added to some pediatric formulas.

To find a specific Kate Farms product, use the table of contents below.


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Pediatric Peptide 1.0			Vanilla	
	Nutrients	Units	Current	Updated
 <p>Updated packaging available July 2023</p>	Total Fat	g	10.5	11
	Dietary Fiber	g	2	3
	Soluble Fiber	g	N/A	2
	Insoluble Fiber	g	N/A	1
	Calcium	mg	300	280
	Potassium	mg	375	380
	Vitamin A	mcg RAE	N/A	220
	Palmitate	mcg RAE	138	100
	Beta Carotene	mcg/mcg RAE	150 mcg	120 mcg RAE
	Vitamin E	IU	3	3.5
		mg	2.7	1.6
	Folate	mcg DFE	107	75
	Phosphorus	mg	225	220
	Iodine	mcg	25.75	26
	Zinc	mg	2	1.5
	Manganese	mg	0.45	0.5
	Chloride	mg	225	220
	Choline	mg	85	80
	Naturally Occurring Arginine	g	0.84	0.80
	Free Water	%	80	79
Osmolality	mOsm/kg water	305	280	

## Detailed label updates by product (cont.)

Pediatric Peptide 1.5			Vanilla		Plain	
<p>Updated packaging available July 2023</p>	Nutrients	Units	Current	Updated	Current	Updated
	Total Carbohydrate	g	40	44	No change	
	Dietary Fiber	g	3	5	3	5
	Soluble Fiber	g	N/A	4	N/A	4
	Insoluble Fiber	g	N/A	1	N/A	1
	Vitamin A	mcg RAE	N/A	260	N/A	260
	Palmitate	mcg RAE	165	140	165	140
	Beta Carotene	mcg RAE	90	120	90	120
	Vitamin B6	mg	1	0.8	1	0.8
	Folate	mcg DFE	170	120	170	120
	Magnesium	mg	85	60	85	60
	Zinc	mg	4	2	4	2
	Copper	mg	0.4	0.3	0.4	0.3
	Manganese	mg	0.6	0.4	0.6	0.4
	Molybdenum	mcg	18	15	18	15
	Choline	mg	114	110	114	110
	Inositol	mg	N/A	20	N/A	20
	Omega-6:Omega-3 ratio		2.5:1	3:1	No change	
	MCT:LCT ratio		40:60	50:50	No change	
	Free Water	%	No change		71	70
Osmolality	mOsm/kg water	340	290	350	300	
Renal Solute Load	mOsm/L	330	326	No change		
Pediatric Standard 1.2			Vanilla		Chocolate	
<p>Updated packaging available July 2023</p>	Nutrients	Units	Current	Updated	Current	Updated
	Dietary Fiber	g	3	5	3	4
	Soluble Fiber	g	N/A	4	N/A	2
	Insoluble Fiber	g	N/A	1	N/A	2
	Calcium	mg	300	280	300	280
	Vitamin A	mcg RAE	N/A	220	N/A	220
	Palmitate	mcg RAE	138	100	140	100
	Beta Carotene	mcg RAE	75	120	80	120
	Vitamin E	IU	3	3.5	3	3.5
		mg	1.4	1.6	1.4	1.6
	Folate	mcg DFE	107	75	105	75
	Phosphorus	mg	225	220	230	220
	Zinc	mg	2	1.5	2	1.5
	Chloride	mg	225	220	230	220
	Choline	mg	85	80	90	80
	Inositol	mg	N/A	20	N/A	20
	Omega-6:Omega-3 ratio		2.5:1	3:1	2.5:1	3:1
	MCT:LCT ratio		No change		No change	
	Osmolality	mOsm/kg water	300	270	No change	
	Renal Solute Load	mOsm/L	290	286	No change	

## Detailed label updates by product (cont.)

Peptide 1.0			Vanilla		Plain	
Updated packaging available July 2023  	Nutrients	Units	Current	Updated	Current	Updated
	Dietary Fiber	g	No change		No change	
	Soluble Fiber	g	N/A	4	N/A	4
	Insoluble Fiber	g	N/A	1	N/A	1
	Calcium	mg	350	330	350	330
	Vitamin A	mcg RAE	N/A	490	N/A	490
	Palmitate	mcg RAE	480	230	480	230
	Beta Carotene	mcg RAE	265	260	265	260
	Niacin	mg	7	4.5	7	4.5
	Folate	mcg DFE	240	120	240	120
	Selenium	mcg	25	15	25	15
	Copper	mg	0.7	0.3	0.7	0.3
	Choline	mg	155	150	155	150
	Inositol	mg	N/A	N/A	N/A	N/A
	Free Water	%	No change		79	78
	Osmolality	mOsm/kg water	290	370	290	380
	Renal Solute Load	mOsm/L	315	393	315	393

Peptide 1.5			Vanilla		Plain	
Updated packaging available July 2023  	Nutrients	Units	Current	Updated	Current	Updated
	Dietary Fiber	g	3	5	3	5
	Soluble Fiber	g	N/A	4	N/A	4
	Insoluble Fiber	g	N/A	1	N/A	1
	Iron	mg	7	6	7	6
	Vitamin A	mcg RAE	N/A	570	N/A	570
	Palmitate	mcg RAE	480	300	480	300
	Beta Carotene	mcg RAE	263	270	263	270
	Niacin	mg	7	5.5	7	5.5
	Folate	mcg DFE	300	150	300	150
	Selenium	mcg	25	19	25	19
	Copper	mg	0.7	0.5	0.7	0.5
	Chloride	mg	525	520	525	520
	Inositol	mg	N/A	N/A	N/A	N/A
	Omega-6:Omega-3 Ratio		No change		2.5:1	3:1
	Osmolality	mOsm/kg water	530	460	530	470
	Renal Solute Load	mOsm/L	580	575	580	575

## Detailed label updates by product (cont.)

Standard 1.0		Vanilla		Chocolate		Plain		
Updated packaging available August 2023	Nutrients	Units	Current	Updated	Current	Updated	Current	Updated
	Dietary Fiber	g	5	6	5	7	5	6
	Soluble Fiber	g	N/A	5	N/A	5	N/A	5
	Insoluble Fiber	g	N/A	1	N/A	2	N/A	1
	Calcium	mg	350	330	350	330	350	330
	Vitamin A	mcg RAE	N/A	480	N/A	480	N/A	480
	Palmitate	mcg RAE	480	220	480	220	480	220
	Beta Carotene	mcg RAE	265	260	265	260	265	260
	Vitamin E	IU	No change		No change		11	10.5
	Folate	mcg DFE	238	120	238	120	240	120
	Magnesium	mg	114	115	114	115	No change	
	Selenium	mcg	24.5	15	24.5	15	25	15
	Copper	mg	0.7	0.3	0.7	0.3	0.7	0.3
	Choline	mg	337	330	337	330	335	330
	Choline	mg	155	150	155	150	155	150
	Omega-6:Omega-3 ratio		3.5:1	4:1	3.5:1	4:1	No change	
	MCT:LCT ratio		35:65	30:70	35:65	30:70	No change	
	Free Water	%	78	79	No change		80	79
	Osmolality	mOsm/kg water	450	400	470	440	340	320
	Renal Solute Load	mOsm/L	390	392	390	392	393	392




Standard 1.4		Vanilla		Chocolate		Plain		
Updated packaging available July 2023	Nutrients	Units	Current	Updated	Current	Updated	Current	Updated
	Dietary Fiber	g	3	5	3	7	3	5
	Soluble Fiber	g	N/A	4	N/A	5	N/A	4
	Insoluble Fiber	g	N/A	1	N/A	2	N/A	1
	Vitamin A	mcg RAE	N/A	570	N/A	570	N/A	570
	Palmitate	mcg RAE	480 mcg	300	480 mcg	300	480	300
	Beta Carotene	mcg RAE	525 mcg	270	300 mcg	270	525	270
	Vitamin E	IU	No change		No change		No change	
	Folate	mcg DFE	300	150	300	150	300	150
	Selenium	mcg	24.5	19	25	19	24.5	19
	Copper	mg	0.7	0.5	0.7	0.5	0.7	0.5
	Chloride	mg	525	520	No change		525	520
	Omega-6:Omega-3 ratio		3:1	4:1	No change		3:1	4:1
	MCT:LCT ratio		35:65	30:70	35:65	30:70	No change	
	Free Water	%	72	71	No change		72	71
	Osmolality	mOsm/kg water	440	400	410	400	455	410
	Renal Solute Load	mOsm/L	510	504	507	504	510	504



## Detailed label updates by product (cont.)

Glucose Support 1.2			VANILLA	
Updated packaging available August 2023  	Nutrients	Units	Current	Updated
	Saturated Fat	g	6	5
	Monounsaturated Fat	g	3	2.5
	Dietary Fiber	g	5	6
	Soluble Fiber	g	N/A	5
	Insoluble Fiber	g	N/A	1
	Iron	mg	4	3.5
	Potassium	mg	400	350
	Vitamin A	mcg RAE	850	500
	Palmitate	mcg RAE	550	200
	Vitamin C	mg	75	50
	Vitamin E	mg	10	9.9
	Niacin	mg	4	3.5
	Folate	mcg DFE	100	75
	Folic Acid	mcg	60	40
	Magnesium	mg	105	80
	Zinc	mg	4	3
	Selenium	mcg	20	10
	Copper	mg	0.5	0.3
	Inositol	mg	200	N/A
Osmolality	mOsm/kg water	340	300	
Renal Solute Load	mOsm/L	492	487	

Renal Support 1.8			VANILLA	
Updated packaging available August 2023  	Nutrients	Units	Current	Updated
	Saturated Fat	g	10	9
	Polyunsaturated Fat	g	8	9
	Dietary Fiber	g	4	5
	Soluble Fiber	g	N/A	4
	Insoluble Fiber	g	N/A	1
	Folate	mcg DFE	425	350
	Folic Acid	mcg	255	210
	Taurine	mg	38	40
	Inositol	mg	N/A	N/A
	Omega-6:Omega-3 ratio		3.5:1	3:1
	MCT:LCT ratio		40:60	30:70
	Naturally Occurring Arginine	g	1.8	1.7
	Free Water	%	67	66