



New Medi-Cal Rules For People with Disabilities and Seniors In Kern County

Most people with disabilities and seniors must enroll in a Medi-Cal Health Plan.
You must enroll by the end of your birthday month,
between June 2011- May 2012.

This information can help you decide
which Medi-Cal Health Plan is best for you.

If you are already in a Plan, you do not have to do anything.

If you live in Kern County, you must choose
Health Net or Kern Family Health Care.

These are Medi-Cal Health Plans.
You will still have Medi-Cal in both of these Plans.

To learn about these Plans, call

Health Net: 1-800-675-6110

Kern Family Health Care: 1-800-391-2000

To enroll in either Plan, call

Health Care Options: 1-800-430-4263

If you do not enroll in Health Net or Kern Family Health Care
by the end of your birthday month, we will enroll you in one of them.

Please look inside for details and phone numbers.



Choosing a Medi-Cal Health Plan in Kern County:

- Use the **chart** below to compare Medi-Cal Health Plans.
- **Choose the Plan** that includes the doctors that are most important to you.
 - Ask your doctors which Plans they take. Or call the Plan and ask.
 - If a doctor you use is not in the Plan, you may still be able to see him or her. Ask your doctor.
 - If you get care through a special program (like CCS, GHPP, or Waiver), your care for those conditions will not change. But, you will get other care through a Medi-Cal Health Plan.
- **To enroll in a Plan**, call **Health Care Options** at **1-800-430-4263** and enroll on the phone. *Or* use the enrollment form that came in this envelope.
- 15 - 45 days after you enroll, your new Plan will send you a membership card. While you are waiting for it, keep using the doctors and hospitals you use now.

	Medi-Cal Health Plans	
	Health Net 1-800-675-6110 www.healthnet.com	Kern Family Health Care 1-800-391-2000 www.kernfamilyhealthcare.com
Basic Services		
Basic Medi-Cal Benefits	Same	Same
24-Hour Advice Nurse	Yes	Yes
Interpreter Services	Yes	Yes
To Get a List of Preferred Drugs	1-800-675-6110	1-800-391-2000
Costs to You		
Cost for Doctor Visits	\$0	\$0
Cost for Drugs	\$0	\$0

Hospitals you can go to for medical care are listed below.

You will usually go to the hospitals that your doctor works with.

For hospitals where you can go for mental health care, call 1-661-868-8111.

Health Net	Kern Family Health Care
<ul style="list-style-type: none">• Bakersfield Memorial Hospital• Children’s Hospital Central California• Delano Regional Medical Center• Good Samaritan Hospital• Kern Medical Center• Kern Valley Hospital• Mercy Hospitals of Bakersfield• Mercy Southwest Hospital• Ridgecrest Regional Hospital• San Joaquin Community Hospital• Sierra View District Hospital• Tehachapi Hospital	<ul style="list-style-type: none">• Bakersfield Memorial Hospital• Children’s Hospital Central California• Delano Regional Medical Center• Kern Medical Center• Kern Valley Hospital• Tehachapi Hospital• UCLA Medical Center

Useful Phone Numbers

Denti-Cal 1-800-322-6384
Information about dental care that is covered by Medi-Cal for people under age 21

Kern County Aging and Adult Services 1-661-868-1000
Information and referrals to many services for people with disabilities and seniors

Kern Mental Health Department 1-661-868-8111
Information about mental health services

Alcohol and Drug Programs 1-661-868-6455
Help with alcohol and drug problems

If You Have a Problem with Medi-Cal, your Plan, or Getting Care

Help Center 1-888-466-2219
Help if your Medi-Cal Health Plan denies the services you need

Medi-Cal Managed Care Ombudsman 1-888-452-8609
Help if you have a problem you cannot solve with your Plan

Medi-Cal State Hearing 1-800-952-5253
File an appeal if your Plan denies the services you need

Health Net 1-800-675-6110
Help if you have a problem with Health Net

Kern Family Health Care 1-800-391-2000
Help if you have a problem with Kern Family Health Care